

# enriching gifts international

restoring health across the world by strengthening the body's immune system



## How to Use Enriching Gifts Products – including the Essential 5

Diligent use of Enriching Gifts International Products can make a significant difference in your health and wellness. Results from the use of these products have been tested, monitored and analyzed in over 55,000 different people to show the effectiveness of the formulations within the human body and demonstrate the life-changing results people get from using the Enriching Gifts Product Line.

Essential 1	Essential 2	Essential 3	Essential 4	Essential 5
<p><b>Plant Enzymes</b></p> <p>Take at beginning of meal</p> <p>Week 1: 1 cap w/evening meal only</p> <p>Week 2: 1 cap w/each meal</p> <p>Week 3: 2 caps w/each meal</p> <p>Week 4: 3 caps w/each meal</p> <p>Continue taking 3 caps with each meal daily.</p> <p>Also take 1-2 caps before bed on an empty stomach or take 1-2 caps between meals to address toxic wastes like cholesterol, undigested proteins and yeast in your system.</p> <p><i>Plant Enzymes increase your immune system function by more than 1325%. Raise your TCell Activity and Production. Increase the surface of your Red Blood Cells bringing more oxygen to all parts of your body. Helps break up cholesterol deposits.</i></p>	<p><b>Sterol Max™</b></p> <p>First 60 Days: 6 capsules each day 30-60 minutes before breakfast</p> <p>Because the Sterol Max particles are so large they need to be taken on an empty stomach for maximum absorption.</p> <p>Continue taking: 3 caps each day 30-60 minutes before breakfast</p> <p><i>Increases T-Cell production and immune modulation-the defense mechanism your body utilizes to keep you healthy.</i></p> <p><i>Highly beneficial in slowing down the absorption of LDL Cholesterol</i></p> <p><i>Enriching Gifts Sterols are solely from plant sprout sources</i></p>	<p><b>Daily Detox</b></p> <p>1 or 2 capsules per day: One in the morning and one in the evening with meals.</p> <p><i>Reduces toxicity that accumulates in your bowel and GI tract from consuming processed foods of any kind.</i></p> <p><i>Supports daily intestinal, liver and colon cleansing and elimination.</i></p> <p><i>A mild herbal cleansing formula, not a laxative</i></p>	<p><b>Pro Biotics</b></p> <p>First 30 Days: 2 capsules with each meal or 6 per day.</p> <p>From then on: 1 capsule with each meal or 3 per day.</p> <p><i>Acts as your "2nd Immune System"</i></p> <p><i>Helps restore the good intestinal bacteria that is destroyed by antibiotics, meat products and bad bacteria in your diet.</i></p> <p><i>Improves absorption of minerals and reduces toxins in your bloodstream and GI tract.</i></p>	<p><b>Complete Vitamin Plus</b></p> <p>5 capsules per day: 3 in the morning and two in the evening with meals</p> <p><b>Maintenance Dosage:</b> 2 capsules per day. 1 in the morning and 1 in the evening with meals.</p> <p><i>A comprehensive vitamin, mineral, nutrient, amino acid, antioxidant and anti-aging formula.</i></p> <p><i>Meets and exceeds 100% of all RDA recommended vitamins, minerals etc from one source.</i></p> <p><i>All these phytonutrients from a single capsule source</i></p> <p><i>Standardized raw material ingredients, double tested and analyzed for purity, potency and toxicity through independent testing. Meets or exceeds highest potency and purity requirements</i></p>

Coral Life	Metabolic Complete	Aloe Ace Max	Heart Algae	Lightning Colloidal Silver
<p>Take 3 capsules a day: 1 with each meal.</p> <p><i>Most bio-available form of calcium known</i></p> <p><i>Completely absorbed by your body, unlike synthetic products.</i></p> <p><i>Neutralizes acid and helps maintains pH balance throughout your body and contributes to the strength, health and function of every single cell.</i></p> <p><i>Supplements calcium that is depleted in your bones.</i></p> <p><i>Helps alkalinize the body.</i></p>	<p>Take 2 capsules a day: 1 with your morning and evening meal. (if needed increase to 4 to 6 capsules a day)</p> <p><i>Specifically designed as a blend of high-quality standardized antioxidants.</i></p> <p><i>This formulation is based on 2-time Nobel Prize winner Linus Pauling's research on Cancer Prevention and reversal.</i></p> <p><i>Complete antioxidant formula. Helps to prevent oxidation of plaque, uric acid and LDL cholesterol.</i></p> <p><i>One of the highest antioxidant formulas available, it also crosses the blood brain barrier.</i></p>	<p>Take 1 to 3 capsules a day between meals.</p> <p><i>1 capsule equals 64 oz of aloe juice</i></p> <p><i>Contains up to 100 times more polysaccharides than any other Aloe or juice product on the market, anywhere in the world.</i></p> <p><i>Provides 200 bio-active components including 20 essential amino acids.</i></p> <p><i>Supports Surgical Recovery</i></p> <p><i>Reduces Blood Sugar</i></p> <p><i>Eases Intestinal Problems</i></p> <p><i>Dilates blood vessels</i></p> <p><i>Regenerates cells</i></p>	<p>Take 2 capsules a day: 1 capsule with your morning and evening meal.</p> <p><i>500 to 1000 times more effective than Vitamin C as an antioxidant and 1000 to 3000 times more effective than Vitamin E. It is one of the most powerful antioxidants found in nature</i></p> <p><i>Crosses the Blood-Retinal and Blood-Brain barrier</i></p> <p><i>Helps deter the collection of plaque on arterial walls</i></p> <p><i>Enhances Immune Defense Systems</i></p> <p><i>Enhances Energy, Metabolism and Endurance</i></p>	<p>Take 1 oz daily as needed.</p> <p><b>Not to exceed 6 weeks continued use orally.</b> Ideally taken on an empty stomach. (not recommended for use while taking Pro-Biotics)</p> <p><i>Charged with extremely high lightning voltage instead of 110V or 220V electrical current.</i></p> <p><i>1 oz of Lightning Colloidal Silver contains over nine billion single charged positive ions of Pure Silver.</i></p> <p><i>Apply directly to scrapes, cuts, skin irritations, and athlete's foot.</i></p> <p><i>Use as eye, ear or nose drops, treat infections or parasites in pets, purify drinking water, use on vegetables to kill bacteria.</i></p>